

The Lyme School – Menu for January, 2018!

Lunch Menu	MONDAY 1-1-18	TUESDAY 1-2	WEDNESDAY 1-3	THURSDAY 1-4	FRIDAY 1-5
<p><u>SY 2017/18 Prices</u></p> <p><u>Full Price: \$3.75</u></p> <p><u>Reduced Price: \$.40</u></p> <p><u>Adult: \$4.25</u></p>	<p align="center">NO SCHOOL Welcome Back! Happy New Year!</p> <p align="center">January's Farm-to-School Feature: PARSNIPS!</p>	<p><i>American Chop Suey with Shells Pasta and Local Ground Beef, Garlic Bread, Sautéed Green Beans, Fresh Fruit</i> Option: Ham and Cheese on WG Bread</p>	<p><i>Cheese Pizza or Chef's Choice, Steamed Vegetables, Salad Bar, Fresh Fruit, Juice</i> Option: Turkey and Cheese on WG Bread</p>	<p><i>Chicken Stew with Local Root Veg. and Biscuits, Fresh Fruit, Salad Bar</i> Option: Egg Salad on WG Bread</p>	<p><i>Shepard's Pie with Local Ground Beef, Red Beets, WG Dinner Roll, Fresh Fruit, Salad Bar</i> Option: Tuna Salad on WG Bread</p>
<p><i>*Milk is included with all paid meals and ala Carte*</i></p> <p align="center"><i>The Lyme School Is an Equal Opportunity Provider and Employer</i></p>	<p align="center">1-8</p> <p><i>Chicken and Broccoli Alfredo with Penne Pasta, Garlic Bread, Peas and Carrots, Fresh Fruit</i> Option: BYO Salad</p>	<p align="center">1-9</p> <p><i>Beef Tacos, Mexican Rice, Sweet Potato Mash, Salad Bar, Fresh Fruit</i> Option: Tuna Salad on WG Bread</p>	<p align="center">1-10</p> <p><i>Cheese Pizza or Chef's Choice, Maple Glazed Parsnips, Salad Bar, Bartlett Pears</i> Option: Egg Salad on WG Bread</p>	<p align="center">1-11</p> <p>BRUNCH FOR LUNCH! <i>French Toast Sticks, Sausage, Home-fries, Local Maple Syrup, Peaches</i> Option: BYO Salad</p>	<p align="center">1-12</p> <p><i>Pizza Burger on a WG Bun, Baked-Seasoned Fries, Corn on the Cob, Fresh Fruit & Juice</i> Option: PB&J</p>
<p><i>There are cold sandwich options offered Daily in place of the hot entrée that are served with that day's sides</i></p>	<p align="center">1-15</p> <p align="center">NO SCHOOL</p>	<p align="center">1-16</p> <p><i>Homemade Mac and Cheese, Sautéed Mixed Vegetables, WG Dinner Roll, Fresh Fruit</i> Option: Turkey and Cheese on WG Bread</p>	<p align="center">1-17</p> <p><i>Cheese Pizza or Chef's Choice, Maple Glazed Parsnips, Salad Bar, Bartlett Pears</i> Option: Egg Salad on WG Bread</p>	<p align="center">1-18</p> <p><i>Salisbury Steak, Fresh Mashed Potatoes, Brown Gravy, Green Bean Casserole, WG Dinner Roll, Peaches</i> Option: Ham and Cheese on WG Bread</p>	<p align="center">1-19</p> <p><i>Chicken Tetrizzini with WG Rotini, Steamed Cauliflower, WG Garlic Roll, Fresh Fruit</i> Option: Tuna Salad on WG Bread</p>
<p><i>Menus are Subject to Change Without Notice</i></p>	<p align="center">1-22</p> <p><i>All Beef Hot Dogs, WG Bun, Homemade Baked Beans, Sweet Corn, Fresh Fruit</i> Option: PB&J on WG Bread</p>	<p align="center">1-23</p> <p><i>Turkey, Cheese, and WG Bagel Melt, Baked Fries, Steamed Broccoli, Fresh Fruit</i> Option: BYO Salad</p>	<p align="center">1-24</p> <p><i>Cheese Pizza or Chef's Choice, Maple Glazed Carrots, Salad Bar, Apple Sauce</i> Option: Egg Salad on WG Bread</p>	<p align="center">1-25</p> <p><i>Beef Stroganoff with WG Pasta, Sautéed Zucchini and Squash, WG Garlic Bread, Fresh Fruit</i> Option: Tuna Salad on WG Bread</p>	<p align="center">1-26</p> <p><i>BBQ Pulled Pork on a WG Bun, Baked Sweet Potatoes and Apples, Fresh Cole Slaw, Fresh Fruit</i> Option: BYO Salad</p>
<p>Questions, Comments or Concerns? Contact me Anytime! Chef Lawrence Reed, Food Service Director lreed@lymeschool.org</p>	<p align="center">1-29</p> <p><i>Grilled Cheese and Tomato Soup, Crackers, Baked Acorn Squash, Fresh Fruit</i> Option: Chicken Salad on WG Bread</p>	<p align="center">1-30</p> <p><i>Beef Stew with Root Vegetables, Homemade Corn Bread, Fresh Fruit</i> Option: BYO Salad</p>	<p align="center">1-31</p> <p><i>Cheese Pizza or Chef's Choice, Sweet Peas, Salad Bar, Mixed Fruit</i> Option: Egg Salad on WG Bread</p>		

